

## SUDBURY AND DISTRICT QUILTING AND STITCHERY GUILD

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February 2008 Editor– Patti MacKinnon email: SDQSGuild@gmail.com or pattim51@persona.ca

**PLEASE REMEMBER: no perfumes or scented body sprays at guild**

### Presidents Ponderings

Congratulations to our cuddle quilts group for their outstanding work! It's heartening to see the array of quilts hung on the line every week and to know that we are contributing to the community in such a positive way. The next cuddle quilt day is February 23<sup>rd</sup>.

Plans are now underway for the year-end workshop with Carla Alexiuk – there is further information about this included in this newsletter. We've had trouble filling both weekend workshops and the end of year workshop in the past few years. I've had the privilege of taking a weekend workshop with Carla before, and I can tell you, this lady knows her stuff. Workshops like these are a great way to further your skills. Please show your support for our program committee by considering this workshop!

Over the next weeks, our Past President, Barbara Lipic, will be recruiting the executive and committee members for the 2008-2009 guild year. Consider taking a position. It's a great way to get to know people and to show that you care about our guild. Most of the positions don't take up a huge amount of time, and there are lots of people to help you out and support you.

We're in the depths of winter now, and like many of you, I'm tired of the cold and short days. However, on Groundhog Day, neither Warton Willy nor Shubenacadie Sam (Nova Scotia) saw their shadows, so by their forecasts, we'll be having an early spring... Won't be too soon for me!

Susan Huot

### THE USE OF SCENTS AT GUILD MEETINGS

The purpose of this notice is to address the issue of scents at our guild meetings. A number of guild members have reported negative physical reactions due to exposure to scented products including perfume, cologne, hair spray and moisturizer at our meetings.

When they are exposed to these scents, individuals who suffer from respiratory ailments (i.e. asthma) and environmental sensitivities (i.e. allergies) report reactions such as wheezing, shortness of breath, headaches, sore throat, eye irritation, nausea, sinus pain, dizziness and fatigue.

We would like to endeavour to make our guild meetings scent-free and we are asking all guild members to support this initiative and make our meeting place healthier for everyone.

### Sudbury & District Quilting and Stitchery Guild Program 2007/2008

#### February 2008

**12<sup>th</sup> Valentine Social**

**19<sup>th</sup> Quilts on the Rocks 2009-** join us for a discussion, watch a slide show and get the scoop on what to make for the Boutique. It will be upon us soon and we hope that everyone pitches in to help out!

**26<sup>th</sup> Stitchery Chatelaine for QOR-** you have seen the chatelaines worn at the show by our volunteers- we are issuing a challenge to our Stitchers to design a chatelaine that reflects your stitchery interest! Chatelaine patterns and muslin will be provided, and arrangements will be made to provide assistance in construction if needed.

### March 2008

**4th Battenburg Lace Part 2 with Betty McLeod**  
Betty will teach the stitching and finishing part of the class from November 13<sup>th</sup>.

**11<sup>th</sup> Fat Quarter Bingo-** bring one or two fat quarters (100% cotton quilting fabric) and your buttons for a chance to win a bundle of fat quarters. Maximum 2 cards per member.

**18<sup>th</sup> Easter Social-** Table Treats and Easter Projects

**25<sup>th</sup> Group Night- Pillows, Cases and Shams-** if you have made a stitchery or quilted pillow, case or sham, or combination of both, please bring them to share with the guild. We are always looking for smaller projects to use up orphan blocks or to learn new techniques. Myrna Tapper will follow the presentation with a demo of a Fons & Porter easy-to-make pillow sham. A small fee will be charged for the pattern.

**Deadline for submissions/changes to the by-laws and constitution for the April business meeting**

### April 2008

**1<sup>st</sup> Group Night- Taking on Major Projects-** If you are afraid to take on a long- term project such as Barbara's Oh My Gosh!, Daintry's Stars in the Garden and Garden Gate Projects, Estelle's Little Brown Bird quilt, or Patti MacKinnon's Dear Jane quilt, join us for an entertaining evening where we will discuss planning, organizing, finding bits of time and the art of patience and persistence. If you have done a major stitchery or quilt project please share with us! Those who attempted last year's Stitchery Sampler are encouraged to finish it and bring that in as well.

**8<sup>th</sup> Quilt Appreciation Night-** join us for a group activity leading up to the Quilt Show Season- we will

discuss the CQA guidelines for quiltmaking using a checklist and a display of members quilts to understand what judges are looking for at any given quilt show.

**15th Beaded Bracelet with Tracy Gunn-** Tracy will teach a different bracelet pattern for those who enjoy stitching and beading.

**Saturday April 19<sup>th</sup>- Year End Workshop - Free Motion Machine Quilting with Carla Alexiuk. 9am to 4pm.**

**22<sup>nd</sup> Business Meeting-** join us for the final business meeting of the guild- presentation of the 2008/2009 executive.

**29<sup>th</sup> Hand Piecing with Patti MacKinnon-** join Patti in the classroom to learn the stitching technique, choosing suitable patterns and fabric, and preparing your work for traveling. This is a repeat of last year's class as requested by the members.

### May 2008

**6<sup>th</sup> Documentation Night-** everything you wanted to know about documenting your work but didn't want to take the time to do! We will discuss labels, project albums, photography, artist statements, and keeping track of where and when you displayed your work for both stitchery and quilting. We will also discuss appointing a stash executor to fulfill your final wishes when that dreaded day comes.

**13<sup>th</sup> Yard Sale-** bring your unwanted items for sale to the members. One person's trash is another person's treasure.

**20<sup>th</sup> Easy Placemats with Joyce Walker.** Supply list to follow

**27<sup>th</sup> Final Meeting-** Wrap up night

We are open to suggestions for changes or additions to the program. April 1<sup>st</sup> is available if you would like to teach something or learn something- contact Barbara or Daintry.

**Have a great rest of the guild year!  
Barbara and Daintry**

Sudbury & District Quilting &  
Stitchery Guild Year End Workshop  
April 19, 2008 9am to 4pm

**Free Motion Machine Quilting**  
with Carla Alexiuk

This one day workshop will walk you through the basics of free motion machine quilting including machine settings, threads and patterns that will enable you to have the confidence to machine quilt any project.

Cost of the class is \$125. This includes a full day of instruction, a set of machine quilting Step-by-Step workbook guides to take home (value \$50), the quilt sandwich and a full spool of machine quilting thread.

Required:

- Sewing machine in good working order that has the ability to drop the feed dogs and has a machine quilting or darning foot.
- Empty bobbins
- Paper and pencil
- Notebook and roller or gel pen for doodling designs
- Scissors
- Machine quilting thread that you may have and want to play with, or use on your own project below.
- 

You may also bring a pre-sandwiched table runner or small wallhanging that you would like to practice on in the latter part of the day.

A deposit of \$50 is required upon sign-up which will be used to order the supplies and guide books. This is non-refundable, but if you cannot make the class you will get the supply kit.

Balance of the class fee is owing by April 8<sup>th</sup> meeting. Please make deposit and class fee cheques payable to Carla Alexiuk.

## IT'S SEW EASY TOO

Visit Cristel and the gals at the shop and see what classes she has upcoming! She has a very wide selection of classes, a lot of them with instructors from our guild. Maybe you will run into a quilt fairy there.

313 Lorne St, Unit #4,  
Sudbury, ON, CA P3C 5M9  
Tel/Fax: (705) 675-1788  
Toll Free 1-800-495-7181

Fabrics \* Quilting Supplies  
Classes \* Custom Orders  
Drapery & Bedding  
Gammill Long-Arm Quilting Service

Husqvarna Viking Dealer  
Owner: Christel Brandle  
Owner: Tim Robson  
email: itsseweasy@persona.ca

## MANY, MANY THANKS

Many, many thanks to all those guild members who supported me financially and with their good wishes in my "Walk for Memories" for the Alzheimers Society. It was heart-warming to me to know that so many of you are behind me in this project. My husband, Mac, and I walked at Lasalle Secondary School and were able to raise \$620.00 with almost half of that contributed by you great people. I will distribute receipts to those of you who so indicated when I receive them. Thank you all so very much.

Doris McLaren

## LIBRARY

Happy New Year from the members of the library committee. We hope your new year's resolutions include lots of new quilting and stitchery projects and possibly even completing some old ones. If you are looking for project ideas we have some new additions to the library that might interest you.

Heavenly Handmade Bags	Sue Hawkins
Patchwork Puzzle Balls	Jinny Beyer
Quilting Inside the Lines	Pam Clarke
Baltimore Elegance	Elly
Sienkiewicz	
Landscape in Contemporary Quilts	Ineke Berlyn
Convergence Quilts	Ricky Tims
Rhapsody Quilts	Ricky Tims
Art Quilt Workbook	Jane Davila &
Elin Waterson	

If you enjoy the novels of Jennifer Chiaverini, all of which have a quilting theme, you will want to borrow "The Sugar Camp Quilt" which was recently donated by Doris McLaren in memory of Pauline Rothery. These novels are light reading and quite entertaining so if you have not read any of them why not sign one out and curl up with a good book when you get tired of sewing. Any excuse to avoid housework is a good one.

We hope to see you in the library soon.  
Library Committee

## CUDDLE QUILT COMMITTEE REPORT – February 2008

The Cuddle Quilt Committee was overwhelmed by the response to our January Cuddle Quilt Saturday. Twenty seven participants worked on the *Wicked Easy Quilt* pattern, quilts in progress, or on new cuddle quilt projects. The day was extremely busy. Material from our light and dark pieces boxes was substantially reduced. Many ladies brought baking and goodies for a wonderful treat at lunch.

Our next Cuddle Quilt Saturday, February 23<sup>rd</sup> is entitled "Our Hearts Go Out To You". We are looking for lonely 2 ½" – 5" squares of any colour/pattern which we can use for our projects of the day. If you plan to attend and have small amounts of patterned white/beige fabric you may wish to use instead of the plain white fabric in the cupboard, please bring it along. Hopefully, many quilts for seniors or those who need the use of a wheelchair will be produced.

If in the past you have taken kits, fabric, or panels hoping to make a cuddle quilt and find that you are unable to do so, could you please return the items. Thank you.

The Committee is also looking for donations of any thread of any amount or colour that you know you will never use.

On Tuesday, January 29<sup>th</sup>, I spoke with Rachelle Brown, a nurse at St. Joseph's Health Centre. Rachelle, a single mom, and her four children were burned out of their home over the Christmas holidays. We will be donating quilts to Rachelle and her family as a comfort from our Guild. On the Tuesday, January 29<sup>th</sup> the committee had no quilts in hand for the family, but by early the next morning, guild members had donated quilts, quilt tops and orphan blocks which will be made into quilts and given to the family upon completion. A big "thank you" to those who came forward to help.

Thanks also go out to Marg Corrigan, Janet Burns, Mariette Brunette, Joan Burns, Evelyn Yade, Agnes Yorke, Kathie Thomas, Mary Ellen Langlois, Muriel Anderson, Lynn Binney, Deanna Weiler, Susan Cardinal, Val MacKelvie, Colombe Charest, Linda Edman, Dorothy McPhail, Dot Manchuk, Daintry Chitaroni, Sharon Bourque, Marg Conibear, Cathy Grist, Lou Pegoraro, and Sue Turgeon for their generous donations of quilts, kits, material or threads. Agnes also donated 100 baby hats for the Neonatal unit. At present, the Neonatal unit has enough hats on hand.

Since our last report, cuddle quilts have been donated to the Iris Foundation, Children's Aid Society, Neonatal unit, Sudbury Food Bank, Our Children, Our Future and Extend-a-care York.

The Cuddle Quilt Committee is starting to plan for our Cuddle Quilt Display at the 2009 Quilt on the Rocks. If there is a cuddle quilt that you are making or planning to make between now and QOR and you would like to display it, please let us know. We would like to show attendees examples of our various projects, our pride of workmanship, and our commitment to the community.

Lynn Binney  
and the Cuddle Quilt Committee members Janet,  
Agnes, Colombe and Mariette

## Quilts on the Rocks 2009

The QOR committee met for the 3<sup>rd</sup> time, and excitement is starting to build- we have several changes and additions for the next show...

Instead of a Raffle, the committee has decided to hold a Silent Auction. We invite the members to donate a quilt, small stitchery or quilted project, etc. We have rented the Pub area and will be hosting a Tea Room offering pre-made sandwiches, deserts and drinks instead of cafeteria fare, and will use the space along the outside walls for the silent auction. All proceeds from the auction will go to support the Cuddle Quilt Program. If you have unfinished projects that you don't know what to do with, unframed stitchery pieces that can be somehow done up into wallhangings, pincushions, or mounted in inexpensive frames we will gladly take them off your hands. If you are making tablerunners, placemats, small quilts for the boutique, consider making an extra for the auction. We will have minimum bids for the larger items, so if they don't meet the minimum you will get them back after the show.

We have invited Judy Lyons to appraise both quilts and stitchery pieces, and she will again provide Bed Turning sessions and a Saturday Evening Lecture. She will be joined on Saturday night by Linda Lachance who has offered a lecture on her travels in Stitchery. More details will follow closer to the show.

We are looking for members interested in working on Publicity, Awards, and Door Prizes. You will work as part of a team, but we do need someone in charge of these areas. We also need members to help Barbara Lipic and Mary Roy with the Quilt and Stitchery Display areas. We have booked a classroom as well where we are hoping to have a Hands-On area if we can find someone to coordinate this. The classroom will also be used for vendor demos and possibly to work on Cuddle Quilts.

We welcome new members on the committee, as well as suggestions for the show. If you would like to join us, contact either myself or Susan Young.

Daintry Chitaroni  
Co-convenor QOR 2009

## Caution About Colour Removers

One of our long times members recently had a nightmare happen when she went to prewash a considerable amount of cotton yardage. Since the fabric was a lovely red that she wanted to use as a backing for a quilt for family members, she aired on the side of caution and prewashed the backing fabric.

She added a 'colour catcher' product in hope that the colours would set and not run forever. To her horror she ended up with 9 metres of red and mustard fabric. After looking at the package of Dylon "Run Away" again she noticed in superfine writing that it is intended to remove color runs from most washable **white** fabrics, and not just fabrics in general.

Before you use any products on your fabrics, please air on the side of caution and check all the fine print on the packaging too. If nothing else, she now has the challenge of finding something to do with her newly created 'hand-dye'

Name withheld to protect the innocent user.

[http://www.quiltstudy.org/quilts/quilt\\_of\\_the\\_month.html](http://www.quiltstudy.org/quilts/quilt_of_the_month.html)

This site was sent in to my Dear Jane group.

It is a source of a huge amount of American quilts, but you have to subscribe. In red letters right above the quilt is the place to click. If you have about 3 or 4 hours you can browse the many quilts in the library's collection and all the quilts of the months.

## Marking Piecing Lines

A number 2 pencil can be used to mark piecing lines for hand piecing. The pencil lines don't show on the finished work as they are on the back and wash out, even on the front for marking the quilting lines. For marking dark fabric, a water colour pencil can be used for quilting lines in either white, cream, palest blue, lilac, or pink, I have purchased the Derwent which are the English water colour pencils. They sharpen up nicely, but may have to be re-applied as the work goes on. I find a wee bit of a lick helps them to stick to the fabric.

The cream Berol Prismacolor pencils can be used to mark on medium to dark colored fabric. It washes out. With any marker, keep it sharpened, and mark lightly. You may have to do remark, but the object is not to leave marks on your finished quilt.

# Quilt Cleaner

If you don't have Orvus on hand for cleaning your quilts, you may also use regular bath soap--just grate it into the water with a cheese grater and it will soon melt. You may also use a little inexpensive shampoo. Orvus is shampoo--i.e. a gentle cleaner. The point is to avoid using bleaches or brighteners of your quilt. Laundry detergents have either or both. Also, actual soap treats stains better than detergents.

For those that have pencil marks they want to remove they can try the following mixture:

1 part water  
3 parts rubbing alcohol  
1 to 2 drops Palmolive or Joy dishwashing liquid (Do not use Dawn)

To remove graphite pencil lines, apply mixture to the lines and rub gently with a soft toothbrush.

## Top 10 ways to tell a quilter from an embroiderer!

by Ellen Basler

11. Yes, I know I said 10 ways - did you know that embroiderers have a whole discipline of stitching that involves counting little holes? Quilters measure twice, cut once and then go back to the store for more of that fabric.

10. Quilters are heading off to St. John's in 2008 for Quilt Canada; embroiderers already went there for EAC and brought back tourist brochures for their quilting friends.

9. Quilters know where their sewing machine is; probably where their sewing machines are. Embroiderers come over and borrow their quilting friend's sewing machine, or hint strongly that it would be really nice if the friend would do the sewing.

8. Embroiderers wrap their works in progress in a clean pillowcase and always wash their hands before starting. Quilters let their bed-quilt-sized projects drag all over the floor for the years it takes to hand quilt them - okay, maybe that's just me. But, they darn well don't fit into a pillowcase!

7. Embroiderers know where the framing shop is. Quilters know who does the cheapest long-arm quilting in town and where to get 90 inch wide backing.

6. Embroiderers have tiny origami boxes in which to collect their orts. Quilters have ice cream buckets except for Eleanor Burns and her tiny-scrap-using ilk. Hey, if we all did that, we'd never need to buy more fabric.

5. Quilters adorn their fingers with thimbles. Embroiderers adorn theirs with laying tools. (This is a smutty-sounding name, but if you've ever seen one, you know it's only for the S&M crowd).

4. Embroiderers know their fabric by name - Hardanger, Lugana, etc. Quilters tear off the selvedge and then can't remember what the fabric was named when they have to go and buy more!

3. Embroiderers have boxes and boxes of beads, buttons and strange metallic threads. Quilters, well those strange art quilters do too. But I personally feel you have to hold the line on this and I finished my first quilt in 1979! without any fancy threads, or a real understanding of how to do machine applique.

2. Embroiderers use magnifying glasses to make their stitches on 48 count linen. Quilters hope no one looks too closely at the points that were supposed to match. Okay, maybe that's just me again. Honestly, quilters use lenses to make the quilt look farther away, and like you completed more blocks than you really have!

1. Embroiderers organize their floss by numbers. Quilters attend classes to learn how to organize their fabric: by colour, size of print, hue, project you really, really want to make someday, by places your husband isn't going to look...

Oh, who needs this detailed list! - just have a good look at the kind of threads you pull off your friends' clothes and carpets!

Ellen Basler has been a member of Regina Stitchery Guild since the late '80s. She is a charter member of Prairie Piecemakers Quilters' Guild. She usually takes knitting to the meetings of both guilds.

From Embroidery CANADA - Winter 2007 -

Submitted by Sharon Bourque with permission

# Sewing Life's lessons

BY BARBARA EMODI

Sewing is my life, so it's not surprising that working with needle and thread has taught me my most essential life lessons. Here's what I've discovered over the years.

1-The need to create is a life force. Sew your way through trouble. As long as you have something to make, you have a reason to get out of bed, get over heartbreak, and get back in the saddle.

2- Embrace your passion. My husband, a man of many interests, once observed, "There are a lot of things I like doing, but I don't think I enjoy anything as much as you enjoy sewing." What a blessing it is to have something that makes you so happy. Hold on to that passion and it will carry you through all of life's pleasures and challenges.

3- Learn from your mistakes. Just because you have done something wrong doesn't mean you've ultimately failed. After putting the same wrong sleeve on the same wrong armhole countless times, I finally learned to mark sleeves: right and left. Remember, trial and error is the best teacher, and a small setback often comes just before a great success.

4-Live the moment: Don't let the distraction of the next project rob you of the joy of the present one. Garments, like children, should be enjoyed every step of the way.

5-Take one day at a time. Stitch by stitch, seam by seam. A job that seems overwhelming, be it a designer jacket or a cross-country move with three kids, is achievable if you face it in sections.

6-Cut back to have more. The best work often comes from making the most of what you have, not from getting more equipment, fabrics, or whatever. Ingenuity is the true parent of creativity-just look at Depression-era quilts.

7- Stay flexible. You may gain weight, lose weight, leave a job that requires suits, wake up one morning to discover that purple is really your favorite color. It's more than OK to change your mind about the Inner You. If you've bought yards and yards of fabric that are only good for one style, you're stuck.

8- Step out of that rut. Washable basting threads and freemotion stitching have recharged my sewing just as weekend trips recharge my life. Keep stretching. Try new things. Some of my favorite garments grew from experiments. Rip and restitch. Be brave.

9 Trust your instincts. Your gut will tell you what you love most and what you'll be great at. Also be your best problem solver. The right solution or path won't always be written on the pattern instructions.

10- Remember your past. My mother watched me struggle to make tailor tacks as a child, just as her mother watched her struggle. Even if your stitches look hopelessly crooked, keep at it. Believe in the good things ahead. When I sew on my grandmother's Featherweight and realize that each stitch has gone from hopeless to perfect, I am reminded that, given enough time, life comes full circle.

Barbara Emodi is a professor of public relations in Halifax, Nova Scotia. She also teaches sewing in her spare time.

Submitted by Mary Ellen Langlois

## ONAPING FALLS STITCHERY GUILD

will be hosting their first

**Spring Neighbourhood Show and Tell**

Saturday March 29, 2009

**Dowling Leisure Center**

Dowling, ON 12 PM

Participants are asked to create a quilt block, 8 ½" X 8 ½", any style shape or technique with a spring theme – flowers, birds, birdhouses, gardens, spring colours.

It is requested that each participant bring a non-perishable food item for our local food bank.

Each participant should bring a handcrafted item for show and tell (one item per person, please).

A great afternoon is planned with draws, block lottery and show and tell! Refreshments will be served.

Don't forget to wear your nametag!

So that we know the number of participants, please **RSVP** Diane Perdue 705-855-3982, email: [vern.perdue@personainternet.com](mailto:vern.perdue@personainternet.com), or Joan Chabot 705-966-5285 by March 1, 2008.

## BUS TOUR

The Lively Heritage Arts Guild is offering a bus tour to Frankenmuth, Michigan

May 22 to 25, 2008.

The trip includes the following:

- Deluxe Motorcoach transportation
- Baggage Handling
- Professional Tour Escort
- 3 nights accommodation at Country Inn and Suites, Birch Run (walking distance to outlet malls)
- Continental breakfast each morning
- 1 lunch
- 2 dinners
- 1 hour cruise aboard the Bavarian Belle
- Wine tasting and tour at St. Julian's Winery
- Pretzel Rolling
- Frankenmuth city tour with local guide
- Woolen Mill Tour
- Visit to Bronner's Christmas store
- Shopping.

Prices are as follows:

\$399.00 - Double Accommodation

\$369.00 - Triple Accommodation

\$349.00 - Quad Accommodation

\$535.00 - Single Accommodation

· Prices are based on current exchange rates and may be subject to change.

· \$100.00 non-refundable deposit must accompany each reservation.

· It is the responsibility of each passenger to ensure they have the proper travel documents to cross the Canadian/US border.

· It is recommended that every person travelling purchase proper medical insurance.

For More Information or to make a reservation please contact:

Sally Ranger 705-794-3418 [sallyranger@yahoo.ca](mailto:sallyranger@yahoo.ca)

Fax - 705-733-0607

Or Fran Holland 692-4278

## Quick Method for Mitred Corners

Jane Monk has a blog site with a quick method of doing mitred corners. -

<http://purrfectlyquilted.blogspot.com>

## Membership Committee

Please extend a warm welcome to our newest members Susan McLeod and Susan Crook. Not only are these ladies new to our Guild but new to the city as well. As of February 9<sup>th</sup> we have 157 members. This includes 12 life members, 16 new members and 129 renewing members. Remember hard copies of the membership list are still available for 50 cents.

Sharon Bourque and Denise Leger

Membership Committee

## Odd Shapes for Quilts

Everyone has been watching the little odd shaped pieces I have been working on the last week or two at guild. The pieces are half hexagon shapes, where the half is split across the widest point of the hexagon. I came across this neat site that shows layouts for different quilts such as Grandmothers flower garden, half hexagon pinwheels, inner city quilt and it gives an approximate number of each shape you might need for different sizes of quilts. Ultimately they want to sell you all the precut papers for English paper piecing, but the piece requirements are helpful anyway.

<http://www.lizardofoz.com.au/Layouts/layouts.htm>

## Message from Another Guild

I was pleasantly surprised recently to receive a card from another guild in regards to my newsletter efforts. This guild in St Lamberts, QC doesn't have a newsletter of their own, and Adaire Schlatter sent me the cutest card thanking me for sharing our newsletter with their guild. Adaire is a close friend of our own guilds' Marg Conibear. The card itself had a picture of one of the blocks in a recent South Shore Quilters guild raffle quilt.

It is always a boost when I get compliments from our own guild on the newsletter but a real bonus to get a compliment back from another guild. Thank you Adaire.

Patti MacKinnon, newsletter editor